

To Start

SOUP OF THE DAY (GF) Option V	5.25
Served with Ciabatta & Butter	
TEMPURA PRAWNS ➔	6.50
With Sweet Chilli Sauce & House Salad	
CHICKEN LIVER PARFAIT	5.95
Served with Oatcakes or Toast, House Salad and Chutney	
BAKED CAMEMBERT V (GF) Option	6.50
With Rosemary & Garlic, served with Ciabatta & House Salad	
ADD Red Onion Chutney	1.00
HAGGIS FRITTERS	5.25
Beer Battered Haggis Fritters, served with Chutney & House Salad	
ADD Peppercorn Sauce	3.00
LOADED NACHOS/CHIPS (GF)	
Crispy Nachos or Steak Cut Chips topped with Cheese, Jalapenos, Sour Cream & Salsa	
"Two" Share	8.95
ADD Chilli or 5 Bean Chilli v	3.00
ADD Haggis	2.00

The Main Event

STEAK & ALE PIE	16.95
Our special Tender Beef recipe. Slow cooked the traditional way, topped with Puff Pastry. Served with a choice of Potatoes or Chips & Seasonal Vegetables	
MACARONI CHEESE (GF) & V Options	11.50
Creamy Macaroni Cheese, served with Chips & Side Salad	
ADD Cherry Tomatoes	1.00
ADD Bacon Bits	1.50
ADD Haggis	1.50
ADD Jalapenos	0.75
CAJUN CHICKEN (GF)	15.25
Pan fried Chicken Breast Fillet marinated in Cajun spices & served with Steak Cut Chips & House Salad	
ADD Sour Cream	1.00
FISH & CHIPS ➔ (GF) Option	16.50
Fresh East Neuk beer battered, or breaded Haddock, served with Chips and your choice of Mushy Peas, Garden Peas, or House Salad	
Add Chef's Tartare Sauce optional	1.00
LENTIL & FIVE BEAN CHILLI (GF) v	10.95
Served with Rice, and Cheese & Sour Cream on the side	
CHICKEN GOUJONS (GF) Option	15.95
Your choice of Beer Battered or Breaded. 100% Chicken Breast Strips, deep fried & served with Sweet Chilli Dipping Sauce or Garlic Mayonnaise, Chips & House Salad	
CHILLI CON CARNE (GF)	11.95
Served with Rice & Cheese, Guacamole and Sour Cream on the side	
Go ½ & ½ and add Chips	2.25
WHOLETAIL SCAMPI & CHIPS ➔	14.95
Served with Chips and your choice of Mushy or Garden Peas, or House Salad	

DINE IN - TAKE OUT

THE BOUDINGAIT BAR & RESTAURANT

EST. 2012

WE DON'T SERVE FAST FOOD

WE SERVE FRESH FOOD AS FAST AS WE CAN

Be Careful, some of our Food is Hot and Spicy
 Contains Fish or Prawns (GF) Gluten Free
 V Vegetarian VE Vegan

Baked Potatoes

BAKED POTATO	8.95
Served with House Salad and 2 fillings of your choice:	
Baked Beans	
Cheese	
Chilli or 5 Bean Chilli v	
Tuna Mayonnaise	
Haggis	
Add more toppings! Check out our sides or ask your server for options	

Tomahawk Steak

48 Hour Pre-Order Required Please For TWO 79.00

The ULTIMATE Steak, succulent & full of flavour

Our Head Chef's very own Tomahawk Steak, with an overload of trimmings
 Served with Garlic Bread, Sweet Potato Fries, Garlic Mushrooms, Steak Cut Chips, Onion Rings, Chilli King-Prawns, Grilled Tomatoes, Side Salad and Peppercorn Sauce

Other steak options are available

TURN OVER FOR MORE AT THE
BOUDINGAIT

A 10% discretionary service charge will be added to your bill.
 All gratuities go to Staff!

Burger Bar

Your choice of Prime Steak or Chicken Fillet Breast Burgers

All served with Chips, Lettuce, Tomato, Side Salad & our Tangy Burger Sauce

CLASSIC BURGER	11.25
Served just as it is	
CHEESEBURGER	12.25
Topped with Grated Mature-Cheddar	
CHEESE & BACON BURGER	13.25
Topped with Bacon and Grated Mature-Cheddar	
HALLOUMI BURGER v	11.25
Grilled Halloumi with Sweet Chilli Sauce	
THE McBOUDINGAIT BURGER	13.25
Topped with Haggis and Bacon	
THE SLOPPY JOE BURGER	12.95
Topped with Chilli and Jalapenos	
CAJUN CHICKEN FILLET BURGER v	14.95
Chicken Fillet rubbed with Cajun Spices and Pan Fried	

On The Side

SIDE SALAD	2.95
BOWL OF CHIPS	3.00
BOWL OF CHIPS & CHEESE	4.50
SEASONAL VEGETABLES	3.00
ONION RINGS	3.50
GARLIC BREAD	2.95
CHEESY GARLIC BREAD	3.50
SWEET POTATO FRIES	3.50
CAJUN FRIES	3.25
RICE	2.25
PEPPERCORN SAUCE	3.50
SWEET CHILLI SAUCE	1.00
GARLIC MAYONNAISE	1.00
MACARONI CHEESE	4.50
HAGGIS BON BONS	4.50
SOUR CREAM	1.00
RED ONION CHUTNEY	1.00

Something Sweet

STICKY TOFFEE PUDDING (GF) v	5.95
Served with Cream and seasonal Berries	
CHOCOLATE BROWNIE TORTE (GF) VE	6.50
Served with Cream, Custard or Vanilla Ice Cream	
AFFOGATO (GF) v	4.95
An Italian dessert of two scoops of Vanilla Ice Cream, covered with a shot of Espresso.	
WHY NOT SWAP FOR HOT CHOCOLATE	
CHEESECAKE OF THE DAY	6.50
Our Cheesecake of the day served with Cream & seasonal Berries (see our specials board)	
LEMON MERINGUE PIE	6.50
Served with Cream and seasonal Berries	

Please ask your server for full Allergens

Kids

AT THE

BOUDINGAIT

MAIN MEAL, UNLIMITED DRINKS,
ICE-CREAM & FREE LOLLY

8.95

Mains

MACARONI CHEESE & CHIPS v

FISH FINGERS & CHIPS ➔

Served with Garden Peas or Baked Beans

MARGHERITA PIZZA & CHIPS v

CHICKEN NUGGETS & CHIPS

Served with Garden Peas or Baked Beans

BEEF BURGER & CHIPS

Served with Garden Peas or Baked Beans

SPAGHETTI BOLOGNESE

Unlimited Drinks

CHOCOLATE or STRAWBERRY MILKSHAKE

BLACKCURRENT CORDIAL

ORANGE JUICE

MILK

The Best Bit..

VANILLA ICE CREAM, TOPPED WITH A CHOICE OF
CHOCOLATE OR STRAWBERRY SAUCE

....AND A LOLLIPOP TO TAKE HOME



AFTERNOON TEA AT THE BOUDINGAIT



24 Hour Pre-Order Required Please, served
Tuesday to Sunday 2:30pm to 5pm

Our vintage Afternoon Teas are served on two tiers

The first being a classic and contemporary selection of Sandwiches. The second has Homemade Scones, Clotted Cream & Jam, and a Seasonal Selection of Cakes and Tray Bakes

PER PERSON 18.95

OR

Tea for Two with a Glass of Bubbles each 39.95

OR

Tea for Two with a 75cl Bottle of Prosecco 54.00

Choose ONE filling per person:

- ❖ Fresh Cucumber & Minted Cream Cheese v
- ❖ Honey Roast Scottish Ham & Tomato
- ❖ Free Range Egg-Mayonnaise v
- ❖ Roast Scottish Beef with Mustard Mayonnaise
- ❖ Tuna & Mayonnaise ➔
- ❖ Scottish Cheddar and Chutney v

Finally, choose from a selection of the Finest Teas & Infusions from across the Globe

All served together with Homemade Scones, Clotted Cream & Jam and a Seasonal Selection of Cakes and Tray Bakes

➔ Contains Fish or Prawns (GF) Gluten Free
V Vegetarian VE Vegan

THURSDAY NIGHT

PUB QUIZ

IT'S OUR PUB QUIZ & CARD BINGO EVERY THURSDAY

Call us on 01334 208 310 to book for your chance to win Boudingait Gift Vouchers & Other Prizes...and more importantly, the accompanying bragging rights!!

Following the main event, we have Card Bingo for additional kudos and prizes!

5.00 entry per person, with complimentary nibbles, plenty of banter and lots of giggles!

JOIN US FOR DINNER beforehand and get 10% off all food!!

The evening starts promptly at 8pm, so please arrive at least 15 minutes beforehand

Having a celebration?

Private hire, full event management & catering available

Email Lorna at
boudingait@outlook.com

How Was Your Visit..?

How was your visit to the Boudingait?

If you've been impressed with your service, please take a moment to share your experience on TripAdvisor. As an independent, local business, we value your support.

Thank you!



Where Are We: The Boudingait, 43 Bonnygate, Cupar, Fife. KY15 4BU
When Are Open: Sunday to Thursday 12pm to 9pm, Friday & Saturday 12pm to 11pm

Phone Us: 01334 208 310
eMail Us: boudingait@outlook.com

Gluten free pasta, bread & oatcakes available - All our food is prepared daily; therefore, our menu is subject to availability
All ingredients may not be listed so please let your server know about any allergies or special dietary requirements