



**GLUTEN FREE PASTA,  
BREAD & OATCAKES  
AVAILABLE**

## The Boudingait

43 BONNYGATE, CUPAR KY15 4BU – TEL: 01334654681 – EMAIL:THEBOUDINGAIT@OUTLOOK.COM  
WWW.THEBOUDINGAITCUPAR.CO.UK

### To all of our lovely Vegetarians & Coeliacs

Please specify when ordering our vegetarian and gluten free options. We have a number of dishes with non Gluten ingredients. Policies are in place to ensure there is no cross contamination however, these items may be prepared along with Gluten containing ingredients.

**WE DONT SERVE FAST FOOD ... WE SERVE FRESH QUALITY FOOD, AS FAST AS WE CAN....**

### TO START

<b>HOMEMADE SOUP OF THE DAY (GF Option) (V)</b> Served with fresh Bread & Butter	<b>£4.95</b>
<b>NACHOS (GF)</b> Crispy Nachos topped with Cheese, Jalapenos, Sour Cream & Salsa (ADD CHILLI FOR £2)	<b>£4.45</b>
<b>CHEF'S OWN CHICKEN LIVER PATE (GF OPTION)</b> Served with Oatcakes or Toast, Side Salad & Tomato Chutney	<b>£5.25</b>
<b>HOT SMOKED SALMON PATE</b> with Gherkins & Lemon, Served with Chutney & Salad	<b>£5.95</b>
<b>HAGGIS FRITTERS</b> Served with Tomato Chutney & Side Salad	<b>£5.25</b>
<b>SMOKED DUCK &amp; STORNAWAY BLACK PUDDING SALAD</b> With Crispy Pancetta, Beetroot & Salad Leaves with Balsamic Dressing	<b>£6.25</b>
<b>KING SCALLOPS &amp; STORNAWAY BLACK PUDDING</b> Served with Pea & Mint Puree and Crispy Bacon	<b>£7.50</b>
<b>CAMEMBERT, FIG &amp; ONION TART (V)</b> Served with Chutney & Side Salad	<b>£5.75</b>

### TURNOVER FOR THE MAIN EVENT ...

#### SIDES & SAUCES

Side Salad	£2.25
Bowl of Chips	£2.50
Bowl of Chips & Cheese	£3.00
Seasonal Vegetables	£2.50
Onion Rings	£2.50
Cheesy Garlic Bread	£3.00
Garlic Bread	£2.50
Sweet Potato Fries	£2.50
Cajun Fries	£2.50
Rice	£2.25
Coleslaw	£1.50
Garlic Mushrooms	£2.50
Peppercorn Sauce	£2.50
Whiskey Sauce	£2.50
Sweet Chilli Sauce	£0.95
Garlic Mayonnaise	£0.95
Sour Cream	£1.00



#### FROM THE GRILL

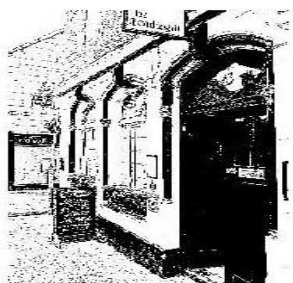
#### THE BOUDINGAIT BURGER BAR

**100% PRIME** Steak Burger or Chicken Breast Fillet Burger  
All served with Chips, Lettuce, Red Onion, Tomato & Chef's own Tangy Sauce with Coleslaw

<b>CLASSIC</b> – Served just as it is	<b>£9.95</b>
<b>CHEESE</b> – Topped with Grated Mature Cheddar	<b>£10.45</b>
<b>CHEESE &amp; BACON</b> – Topped with Grated Mature Cheddar and Grilled Bacon	<b>£11.45</b>
<b>BREAKFAST BURGER</b> – Topped with Grilled Bacon and a Fried Egg	<b>£11.45</b>
<b>SURF &amp; TURF</b> – Topped with Prawns in a Marie Rose Sauce & Paprika	<b>£10.95</b>
<b>THE MCBODINGAIT</b> – Topped with Haggis & Grilled Bacon	<b>£11.95</b>
<b>SLOPPY JOE</b> – Topped with Chilli-con-Carne & Jalapenos	<b>£11.95</b>
<b>CAJUN CHICKEN FILLET BURGER</b> Chicken Fillet rubbed with Cajun Spices and pan fried	<b>£11.45</b>

Artisan Butcher  
**MINICK**  
of St Andrews





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### THE MAIN EVENT

<b>SIRLOIN STEAK</b>	<b>£19.95</b>
Prime 8oz Angus Steak Served with Chips & Side Salad	
<b>Add Vine Ripened Tomatoes &amp; Mushrooms</b>	<b>£2.50</b>
<b>Add Peppercorn or Whiskey Sauce</b>	<b>£2.50</b>
<b>MACARONI CHEESE WITH BREADCRUMB TOPPING (GF OPTION) (V OPTION)</b>	<b>£8.95</b>
Creamy Macaroni Cheese with Breadcrumb Topping, Served with Chips & Side Salad	
<b>ADD CHERRY TOMATOES &amp; BACON BITS</b>	<b>£2.50</b>
<b>CHEF'S OWN PERI-PERI CHICKEN BREAST FILLET (GF)</b>	<b>£10.95</b>
Pan Fried & served with Chips & Side Salad <b>**HOT**</b>	
<b>(Add Sour Cream on the side for £1)</b>	
<b>FRESH BEER BATTERED HADDOCK &amp; CHIPS (GF OPTION)</b>	<b>£12.95</b>
Served with Chips & your choice of Mushy or Garden Peas or Side Salad & Chef's own Tartare Sauce (optional)	
<b>CHEF'S OWN CHICKEN GOUJONS (GF OPTION)</b>	<b>£9.95</b>
Your choice of Breaded or Beer Battered 100% Chicken Breast strips, deep fried & served with Sweet Chilli Dipping Sauce or Garlic Mayo, Chips & Side Salad	
<b>MCALPINE'S STEAK &amp; ALE PIE</b>	<b>£12.50</b>
Head Chef's special recipe of Tender Beef, Slow cooked the traditional way, topped with Puff Pastry, served with a choice of Potatoes or Chips & Seasonal Vegetables	
<b>CHEF'S OWN FISH PIE TOPPED WITH MASHED POTATOES</b>	<b>£12.50</b>
Served with Seasonal Vegetables	
<b>CHEF'S OWN CHILLI-CON-CARNE (GF)</b>	<b>£10.95</b>
Served with your choice of Rice or Chips & topped with Cheese & Sour Cream	
<b>CHICKPEA, SWEET POTATO &amp; SPINACH CURRY (VEGAN) (GF)</b>	<b>£9.95</b>
A vegan Curry of Chickpeas, Sweet Potatoes & Spinach in a Coconut & Garlic Sauce, Served with Rice & Naan Bread	
<b>CHICKEN BALMORAL</b>	
Chicken Breast Fillet stuffed with Haggis and Served with Potatoes, Seasonal Vegetables and a Wholegrain Mustard & Whiskey Sauce	<b>£11.95</b>



**PLEASE SEE OUR SPECIALS BOARD OR ASK A MEMBER OF STAFF  
FOR DETAILS OF ALL OF TODAY'S SPECIALS**

An optional 10% charge will be applied to parties of 8 or more. All of our food is prepared daily therefore our menu is subject to availability. All ingredients may not be listed so please let your server know about any allergies or special dietary requirements